



Health Call

International Normalised Ratio (INR) Self-Testing Service

Why the need? slide to unlock

Many patients who attend the clinic continue to suffer from poor INR control, increasing their risk of a stroke

Many warfarin clinics are operating at near capacity and are near financial loss

Regular clinic visits can be inconvenient and costly, having unnecessary implications on patient's day to day lives

Our Solution?

A digitally enabled INR self-testing care pathway which enables patients using warfarin to monitor their health from the comfort and convenience of their own home

The Health Call International National Ratio (INR) self-testing service enables patients to self-test their INR from their own homes, meaning they do not have to attend the warfarin clinic every few weeks.

This service provides patients, or gives patients the option to buy, a Roche self-monitoring device so they can provide their care team with their readings through an automated phone call or an on-line portal. Any irregular readings or adverse answers alerts the warfarin clinic so contact can be made with the patient.

The Health Call INR self-testing service has transformed the lives of patients across the UK. So much so, we believe INR self-testing should be available to all patients on warfarin.

To find out more about our INR Self-Testing Service, visit nhshealthcall.co.uk/digital-health-products/inr-self-testing

The Benefits of INR Self-Testing



Improved Clinical Outcomes

We found over **80%** of patients that moved to the NHS Health Call INR self-testing service improved their time in therapeutic range, by an average of 20% and our 24 month follow up showed that this change is long lasting



Improved Patient Satisfaction

100% of those on the Health Call INR self-testing service said they'd recommend the service to others



Cost Saving

Our research concluded that INR self-testing was found to be **17%** cheaper than clinics and **25%** cheaper than home visits



Improved Efficiency

An estimated **20-25%** of warfarin users would benefit from INR self-testing, reducing out-patient appointments by over **20%**

What Our Patients Say About INR Self-Testing

"Being able to self-test has given me a greater sense of freedom. For me, the biggest benefit is I can go on holiday safe in the knowledge I can still manage my INR levels."

What Healthcare Professionals Say About INR Self-Testing

"A number of our patients tell us that, when they to clinic, they have to take the time as holiday. Self-testing gives them the freedom to test at home."

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Get Involved:



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